

Looking for support with
**money or
housing?**



Overspent or
found yourself
with very little
money left to
get by?



Support is available to
get you back on track:

- **Learn how to budget**
- **Pay off debt**
- **Ask about housing
and tenancy support**

Financial
guidance is
free for
everyone.



Looking for
**wellbeing
boosters?**



Taking care of
your body and
mind is important
for your wellbeing.



- **Bust boredom
and loneliness**
- **Meet new people**
- **Stay active**
- **Try something new**

Explore
what works
for you!



**A guide for
young people
12-25**

Imagined
Futures
**Where is
the door**



Looking for urgent help?



Reach out for
confidential,
non-judgemental
support and advice.



Talk to someone over
the phone or chat
24/7, you can remain
anonymous.

You're not
alone.



Looking for mental health support?



Free and
low-cost help
available without
a referral when
you need to talk
to someone.



If you need support with:

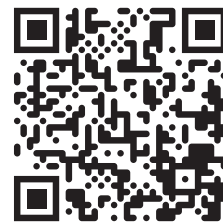
- **School or study stress**
- **Family or friends**
- **Relationships**

Call, chat,
text or talk
face-to-face.



Where is the door?

How to find the right
support at the right time.



Support for young people in
Cockburn, Freo and Melville

whereisthedoor.org.au/youth